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Silver Anniversary Medical Conference



Celebrating 25 Years of Advances in End-of-Life Care

A Silver Anniversary Medical Conference

Sponsored by Horizon Hospice and
Funded by The Otho S.A. Sprague Memorial Institute

Tuesday, November 4, 2003

8:00 am – 4:00 pm

University Club of Chicago

76 East Monroe Street, Chicago

Celebrating 25 Years of Advances in End-of-Life Care

Who Should Attend?

We welcome physicians, nurses, social workers, chaplains, volunteers and bereavement counselors. Anyone involved in end-of-life care will find the conference of value. In the morning's presentations, we'll review and celebrate 25 years of advances in our field, as well as envision the future of end-of-life care. Afternoon workshops will address particular challenges that arise in caring for the terminally ill.

Continuing Education Credit

Continuing education credits for physicians, nurses and social workers have been applied for. Special thanks to the Hospice and Palliative Nurses Association, Chicagoland Chapter, for invaluable support.

Location & Parking

The University Club is located just west of Michigan Avenue on the north side of Monroe Street.
University Club Valet Parking: \$15
Grant Park Garage: \$10 – \$13

Keynote Speaker

Kathleen M. Foley, MD, is an Attending Neurologist in the Pain and Palliative Care Service at Memorial Sloan-Kettering Cancer Center (MSKCC), New York City; a Professor of Neurology, Neuroscience and Clinical Pharmacology, Weill Medical College, Cornell University; and The Society of Memorial Sloan Kettering Cancer Center Chair. In 1981, Dr. Foley was appointed chief of the nation's first designated pain service in a cancer center—the Pain Service in MSKCC's Department of Neurology. She has since won many national and international honors for her longstanding dedication to the assessment and treatment of patients with cancer pain. She is currently Director of the Project on Death in America of the Open Society Institute.

Plenary Speakers

Michael E. Preodor, MD, FACP, President and Founding Medical Director of Horizon Hospice, is a 25-year veteran of Chicago's first hospice program and a well-known hospice teacher and advocate. Board-certified in Internal Medicine, as well as Hospice and Palliative Medicine, Dr. Preodor is a founding member of the American Academy of Hospice and Palliative Medicine and an Assistant Professor at Northwestern University's medical school. A master facilitator in the Education for Physicians on End-of-Life Care program, he also provides palliative care consultation services at St. Joseph and Mount Sinai hospitals.

John Lantos, MD, is Associate Professor of Pediatrics and Medicine, Chief of the Section of Pediatrics, Co-Director of the Robert Wood Johnson Clinical Scholars Program, and Associate Director of the MacLean Center for Clinical Medical Ethics at the University of Chicago. His research on ethical issues is distinguished by in-depth multidisciplinary collaborations with legal, medical, economics and humanities scholars. Dr. Lantos is an active clinician and teacher who has written extensively about research and innovative therapy, end-of-life decision making in both geriatrics and pediatrics, and health care policy.

Conference Schedule

8:00 – 8:30 am	Registration and Continental Breakfast
8:30 – 8:45 am	Welcome — Dr. Michael E. Preodor
8:45 – 9:30 am	“Pain Management: A Historical Perspective” Dr. Michael E. Preodor, President and Founding Medical Director, Horizon Hospice, Chicago.
9:30 – 10:45 am	“Death and Dying in America: Some Progress, Some Problems” Dr. John Lantos, Associate Director, MacLean Center for Clinical Medical Ethics, University of Chicago.
10:45 – 11:00 am	Morning Break
11:00 am – 12:30 pm	Keynote: “Future Course to New Horizons” Dr. Kathleen Foley, Founding Chief, Pain and Palliative Care Service, Memorial Sloan-Kettering Cancer Center, New York City.
12:30 – 1:30 pm	Luncheon Buffet
1:30 – 2:30 pm	Workshop Session A
2:30 – 2:45 pm	Afternoon Break
2:45 – 3:45 pm	Workshop Session B
3:45 – 4:00 pm	Closing and Evaluations

Workshops

All six workshops described below will be held from 1:30 to 2:30 pm (Session A) and again from 2:45 to 3:45 pm (Session B), so you may choose to attend two.

Workshop # 1 — A Dying Child: Special Needs of the Pediatric Hospice Patient

Joel E. Frader, MD, Pediatrics, Children's Memorial Hospital, will lead an interdisciplinary hospice team in a panel discussion of a complex pediatric case. Panelists include Horizon Hospice pediatric nurse Lynda Rosenberg, RN, and a social worker, chaplain, home health aide, volunteer and bereavement counselor from the Horizon staff.

Workshop # 2 — Pain Management Options: Complementary & Alternative Medicine (CAM)

Michael C. Marschke, MD, Medical Director and CAM Project Director, Horizon Hospice, will discuss the uses of complementary and alternative treatments in controlling pain and other symptoms at the end of life. Dr. Marschke will also present preliminary findings of Horizon's CAM program.

Workshop # 3 — Understanding Grief: Assessment & Treatment Planning

Karen Horinek, LCPC, Horizon's Bereavement Coordinator, and Terra Solove, Bereavement Counselor, will present on identifying the differences between major depression and grief, improving assessment skills, and developing appropriate treatment plans.

Workshop # 4 — Celebrating Community: The Role of Volunteers in End-of-Life Care

Noel Gilligan, MPS, ACPE, coordinates Horizon's volunteer program. He will discuss innovative ways to fully utilize volunteers in the hospice interdisciplinary team and the impact of having highly valued, patient care-oriented volunteers integrated into every organizational activity from counseling to fundraising.

Workshop # 5 — Cultural Competency: Considerations in End-of-Life Care

The culture of our patients affects their attitudes about death and dying, end-of-life decision making, and pain and symptom management. Horizon's Clinical Nurse Educator, Lori Hedges, MS, NP, will present this program on the importance of cultural competence in end-of-life care. The focus will be on becoming a culturally competent caregiver, and culture-specific examples will be discussed.

Workshop # 6 — Professional Boundaries: Setting Limits & Self-Care

We all want to provide the best possible care to our patients and their families, but sometimes our desire to help can lead to crossing boundaries, which may encourage unhealthy dependence. Horizon Bereavement Counselor Beth Bollenbach, LCSW (Session A), and Clinical Director Brenda Clarkson, RN (Session B), will discuss the importance of maintaining boundaries in our relationships with families, look at possible boundary violations, and explore how caring well for yourself will help maintain professional limits.